

Dear Sir/Madam

This is to inform that the Interactive radio counseling session can be accessed through radio at frequency 105.6 Mhz and through web at the link www.ignouonline.ac.in/gyandhara (through mobile by downloading the puffin browser and then using the same webaddress).

Gyan Darshan TV, DTH, CABLE TV can be accessed on channel numbers -- AIRTEL- 442, TATA SKY-755, SUN DIRECT- 596, DISH TV - 991, INDEPENDENT TV- 566, DD FREE DISH- MHRD CHANNEL NO. 25, HATHWAY- 473, IN DIGITAL- 297, DEN- 526, and Gyan Darshan can also be accessed through web link at <http://www.ignouonline.ac.in/gyandarshan/>.

The sessions for 07th March, 2022 are:

1	3.00-3.30 pm	(GV+GD)	School: School of Extension & Development Studies (SOEDS)	Experts: Dr. Grace Don Nemching & Dr. Nisha Varghese School: School of Extension & Development Studies (SOEDS)
2	3.30-4.00 pm	(GV+GD)	Topic: Introduction to Anthropology in Practice, BANC-112	Expert: Dr. Rukshana Zaman School: School of Social Sciences (SOSS-Psychology)
3	4.00-4.30 pm	(GV+GD)	Topic: BHDE 101, □□□□□□□□ □□ □□□□□□□□ '□□ □□□□□' □□□ □□□□ □□□□□□ (Premchand Ke Upanyas Nirmala Me Nari Chetana)	Expert: Dr. Harshita School: School of Humanities (SOH-HINDI)

The Phone Numbers for interaction with the studio are **011-29532844, 011- 29532845 & Toll Free: 1800112346**